

LEARN TO MAKE

Friendship Bracelets

Materials Needed:

- Embroidery Floss - for this project I'll be using 4 different colors but feel free to use more depending on how thick you want your bracelet to be
- Scissors
- Tape or A Clip board

Did you know?
a bundle of
embroidery floss is
called a skein!

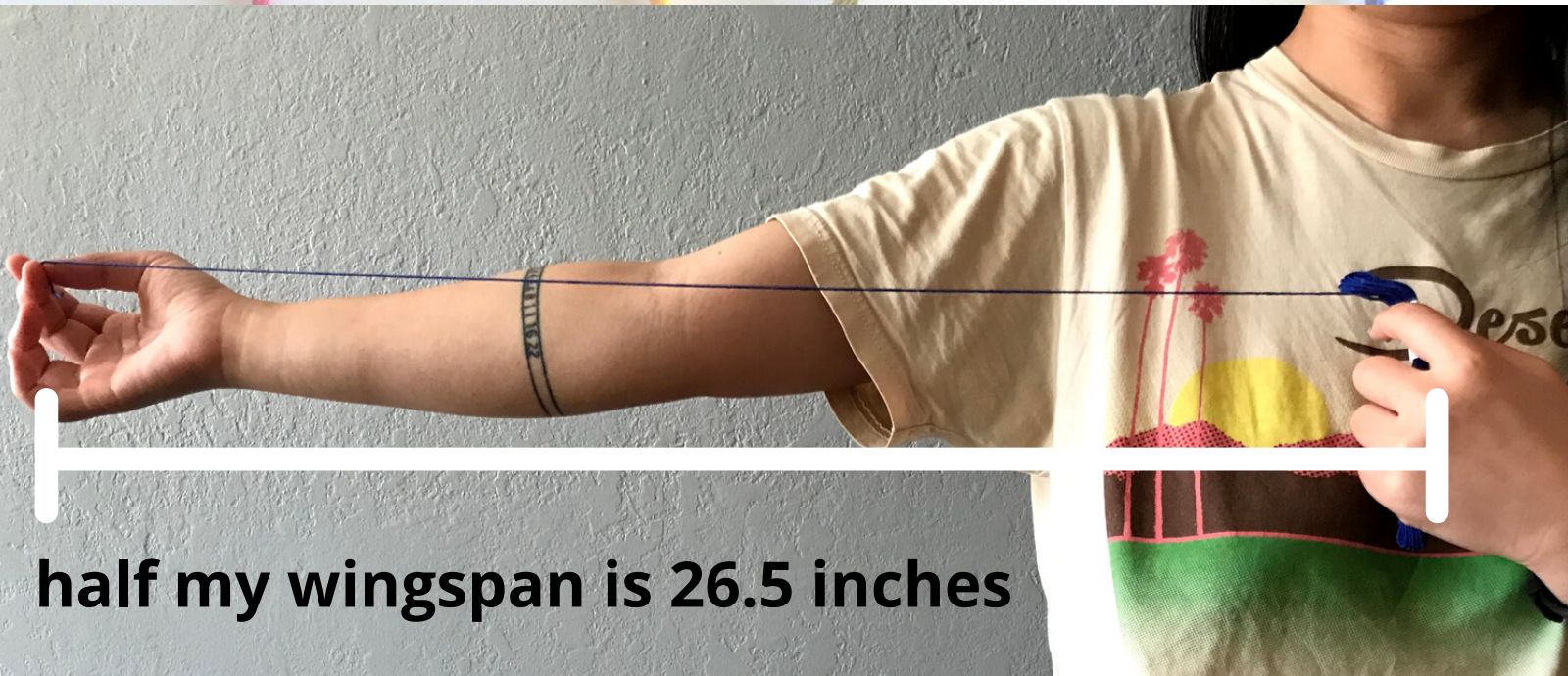


Instructions

Step 1

Measure your Floss - Take the loose end of one skein of floss and stretch it across half of your wingspan, do this repeatedly with each skein until you have 4 strings in total. Once you cut the first string, you can measure the others against it too!

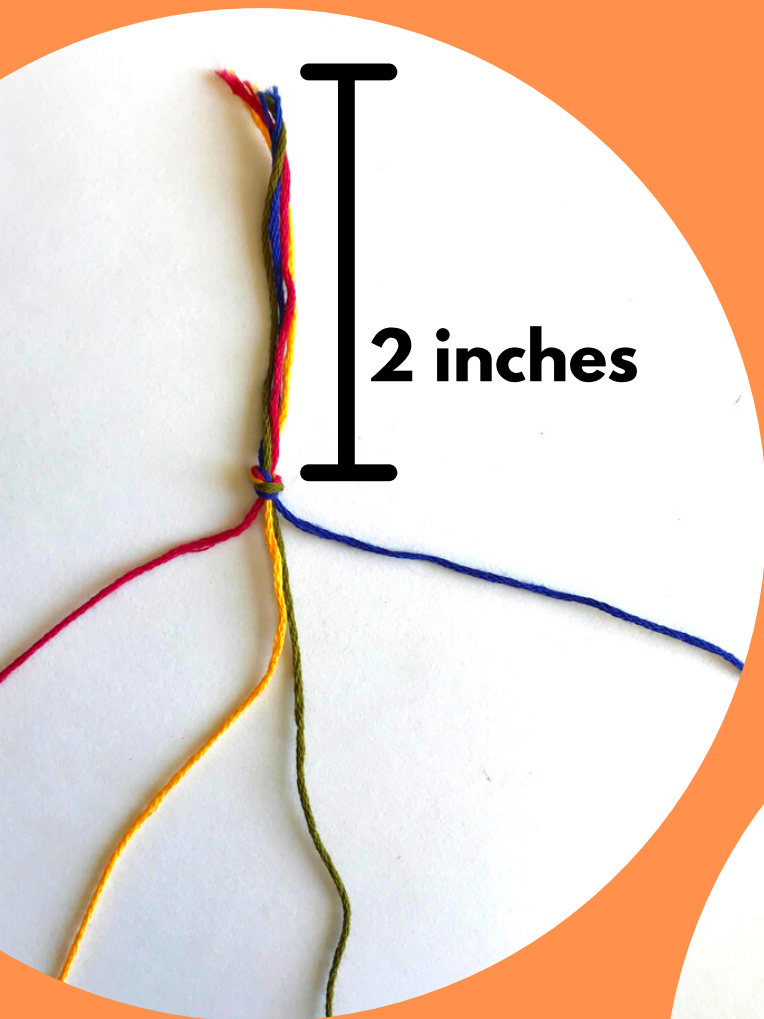
For this tutorial I will be using RED (1st string), YELLOW (2nd string), GREEN (3rd string), and BLUE (4th string).



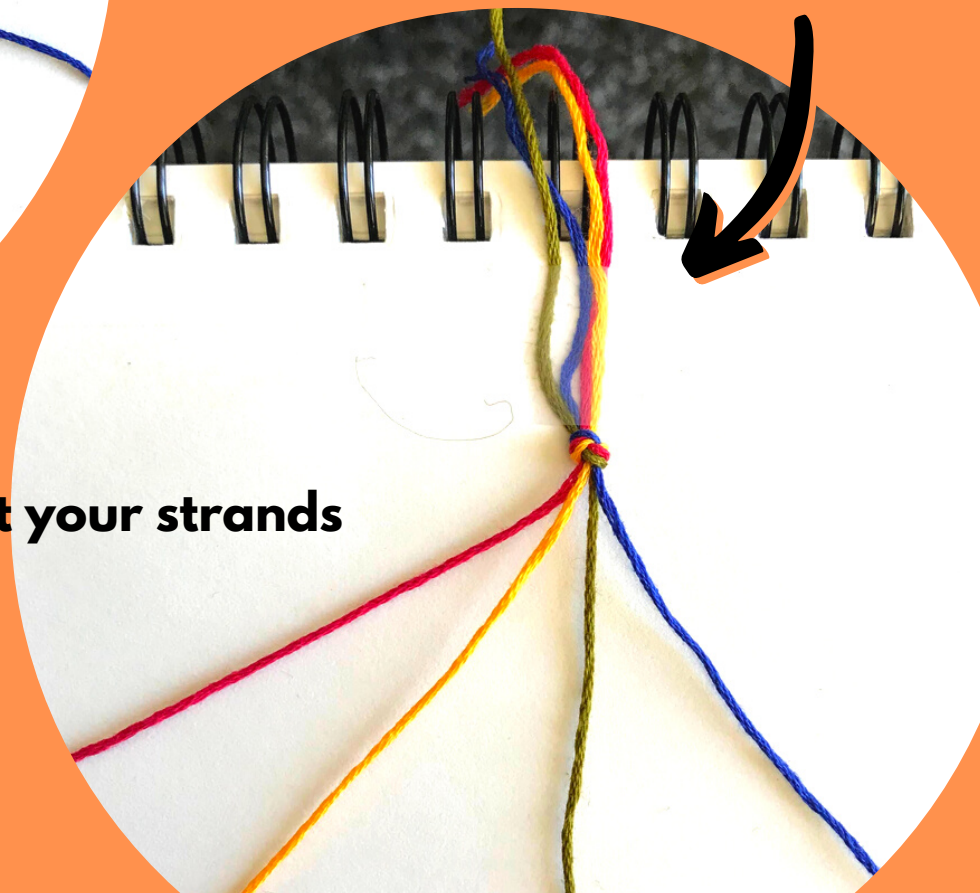
half my wingspan is 26.5 inches

Step 2

Tie a Knot - Align all your strands together and tie a knot. Make sure to leave enough room to tie to the other end of your bracelet.



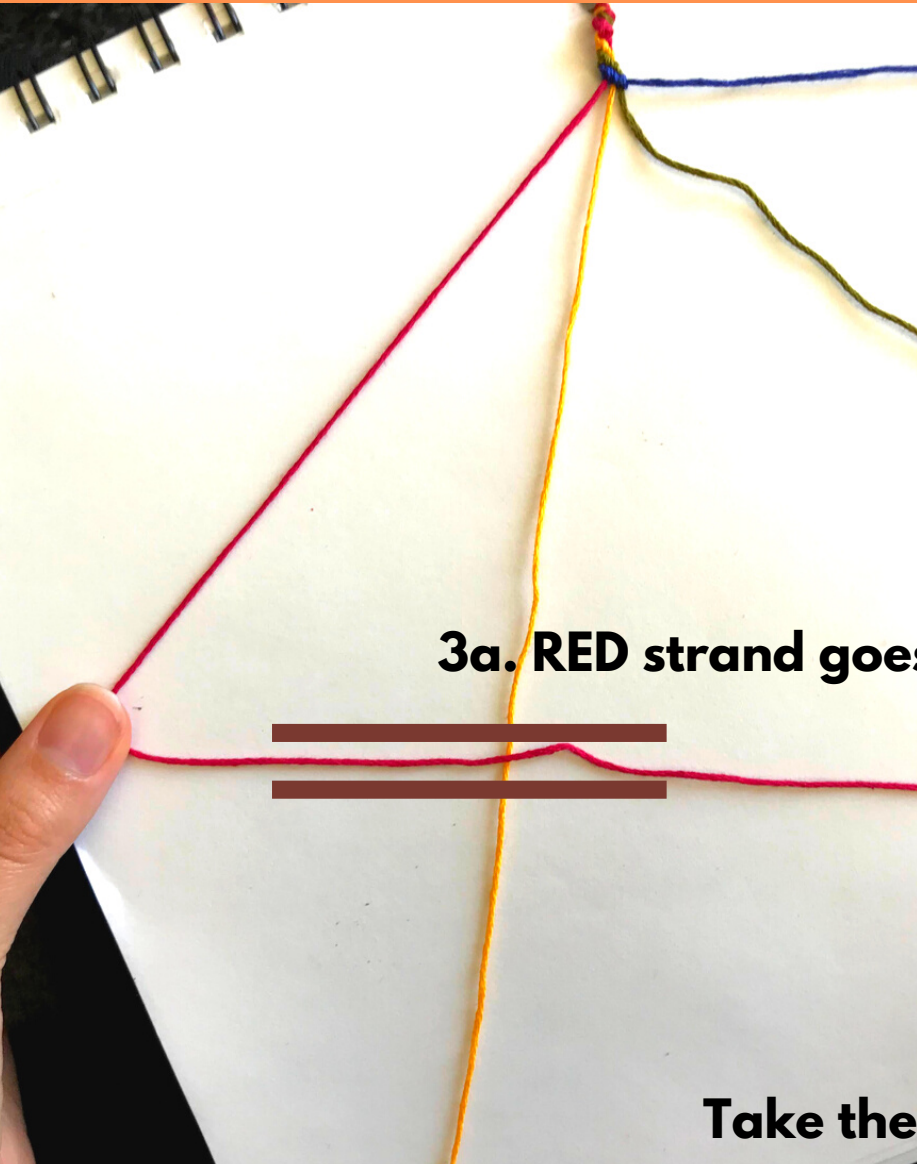
Use a piece of tape to secure your project down just above the knot. If you use a clip board, you can clip the bracelet down



Spread out your strands

Step 3

Tie some more knots - A friendship bracelet is made entirely of knots, in an intricate pattern, actually! Here are some diagrams to help you:



3a. RED strand goes over YELLOW



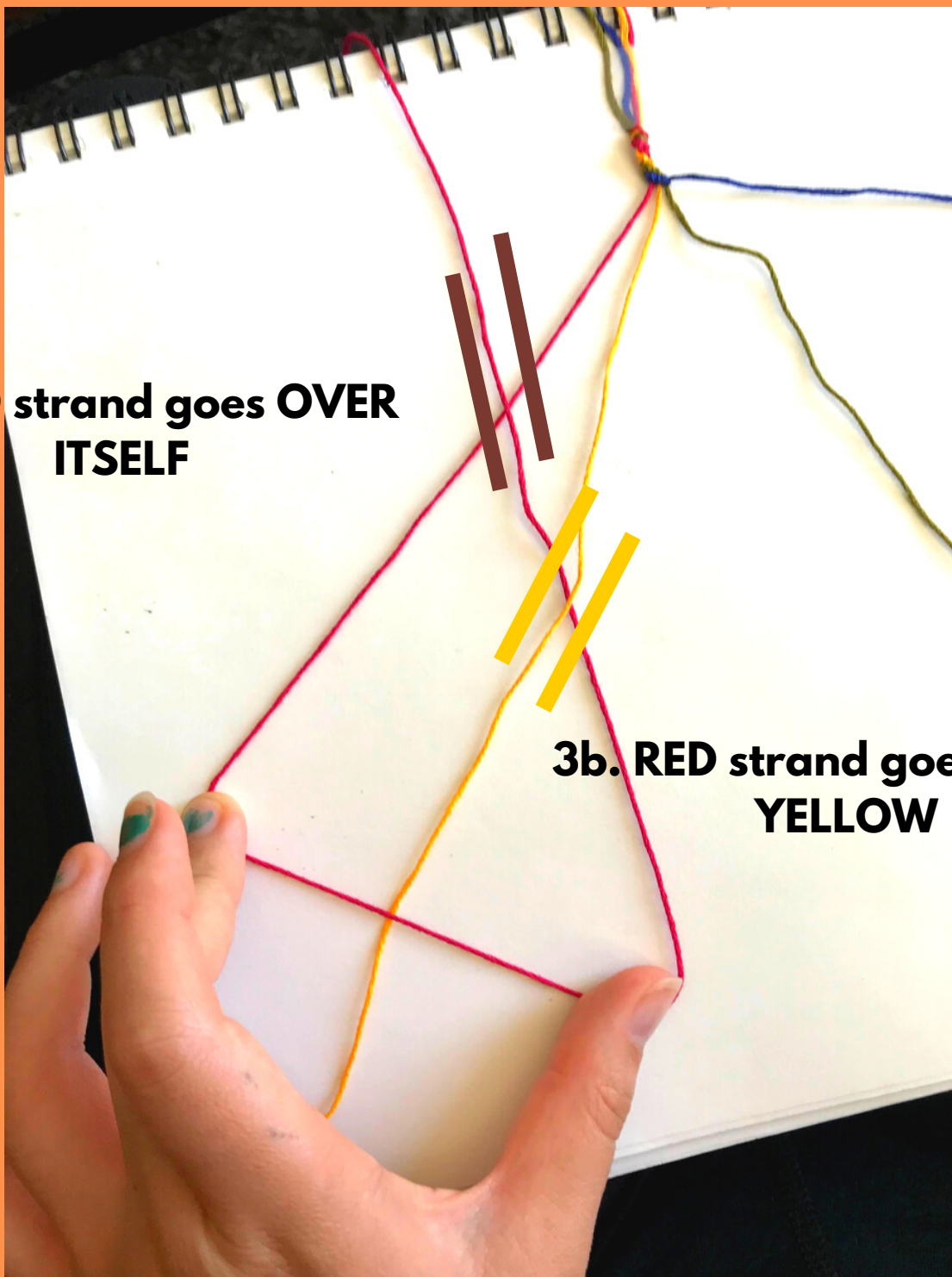
Take the strand on the left (the RED strand) and place it OVER the 2nd most left strand (YELLOW) making a figure that looks like the number 4

Step 3

Take the end of the RED strand and bring in UNDER the YELLOW strand, and pull it through the "hole" of the figure 4. When RED comes through the "hole" it will go over itself.

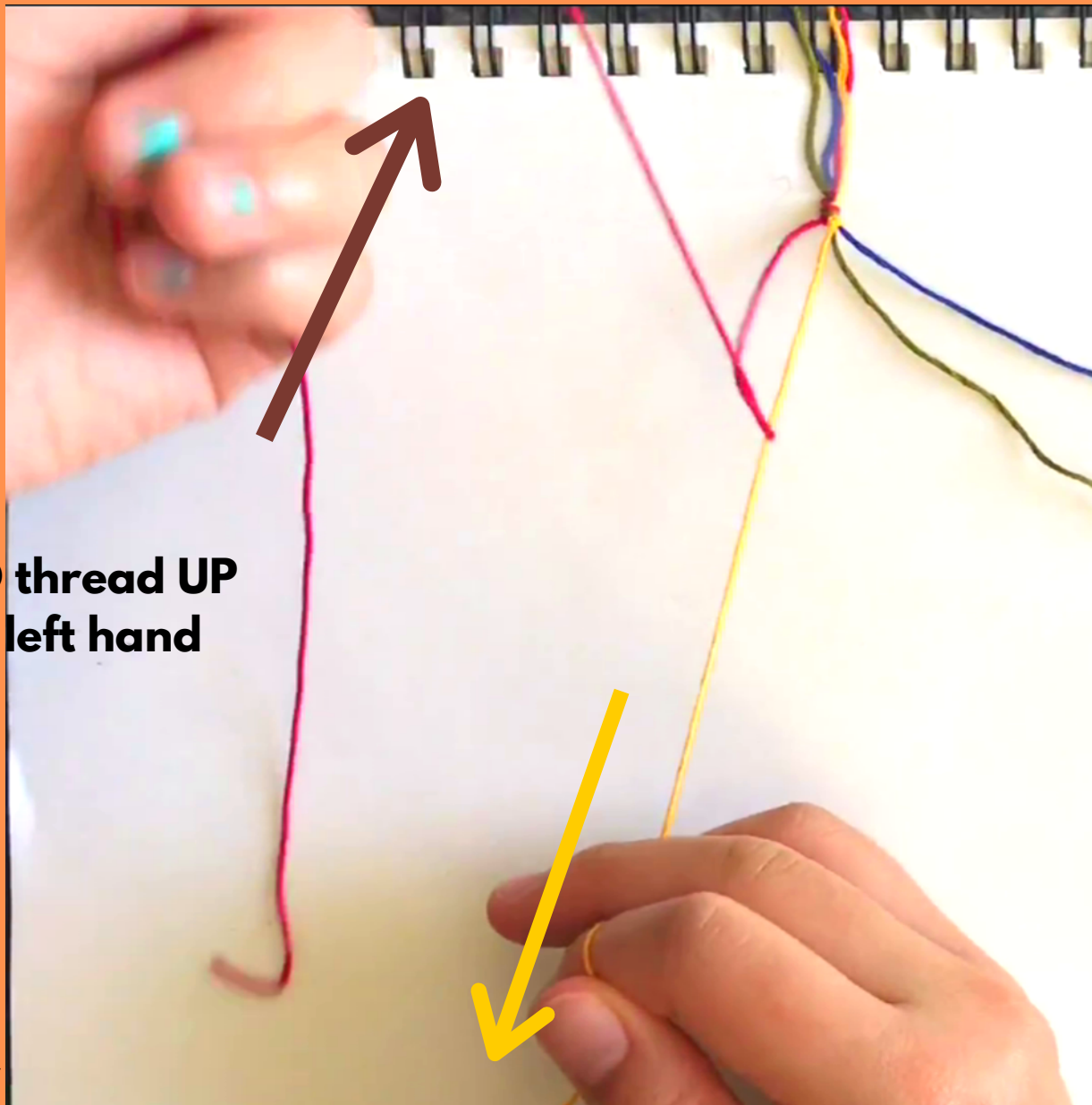
3c. RED strand goes OVER ITSELF

3b. RED strand goes UNDER YELLOW



Step 3

3d. While **HOLDING** the end of the **YELLOW** strand, pull the **RED** strand towards the top



Pull the RED thread UP with your left hand

TIP: While pulling, hold onto the red string by the center

Anchor the YELLOW strand DOWN with your right hand

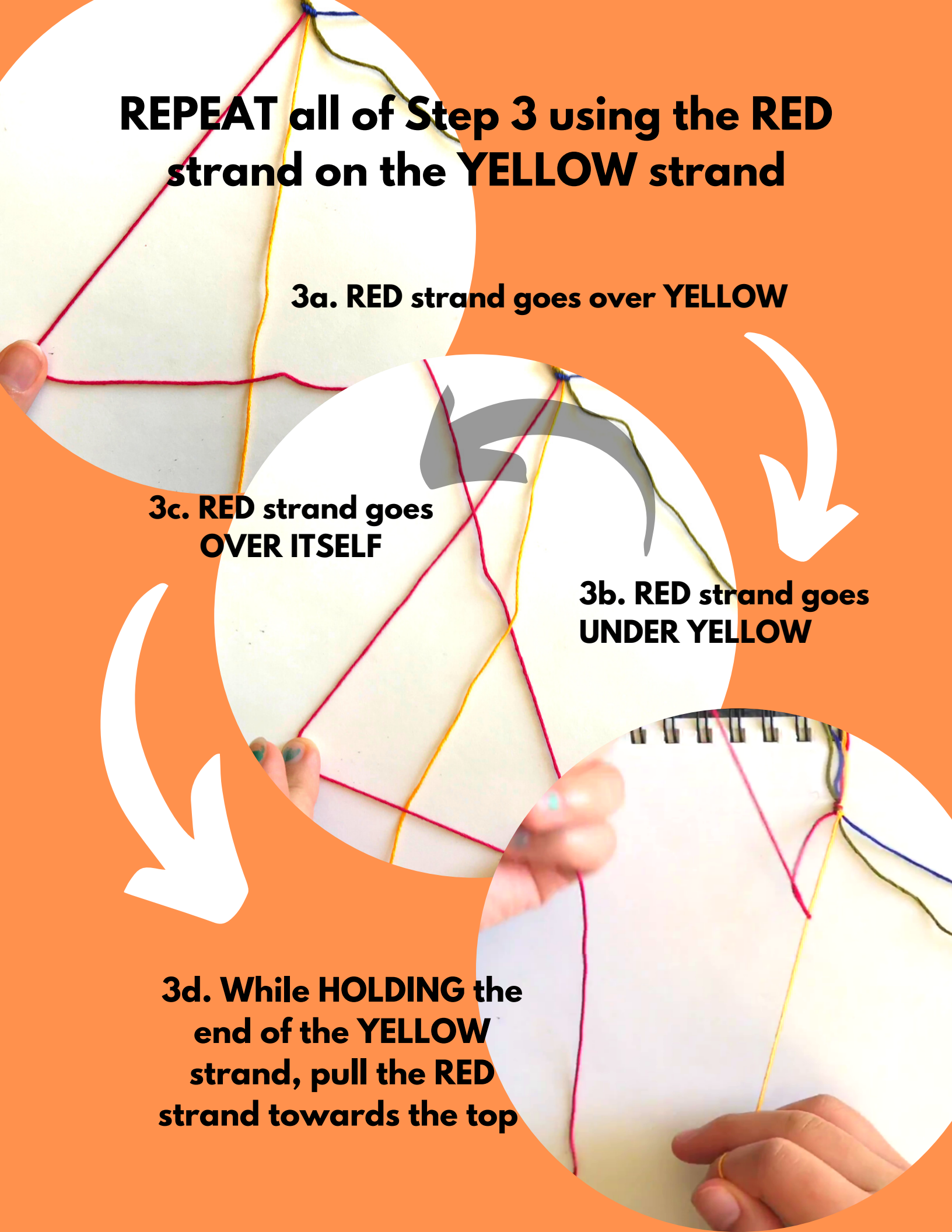
REPEAT all of Step 3 using the RED strand on the YELLOW strand

3a. RED strand goes over YELLOW

3c. RED strand goes OVER ITSELF

3b. RED strand goes UNDER YELLOW

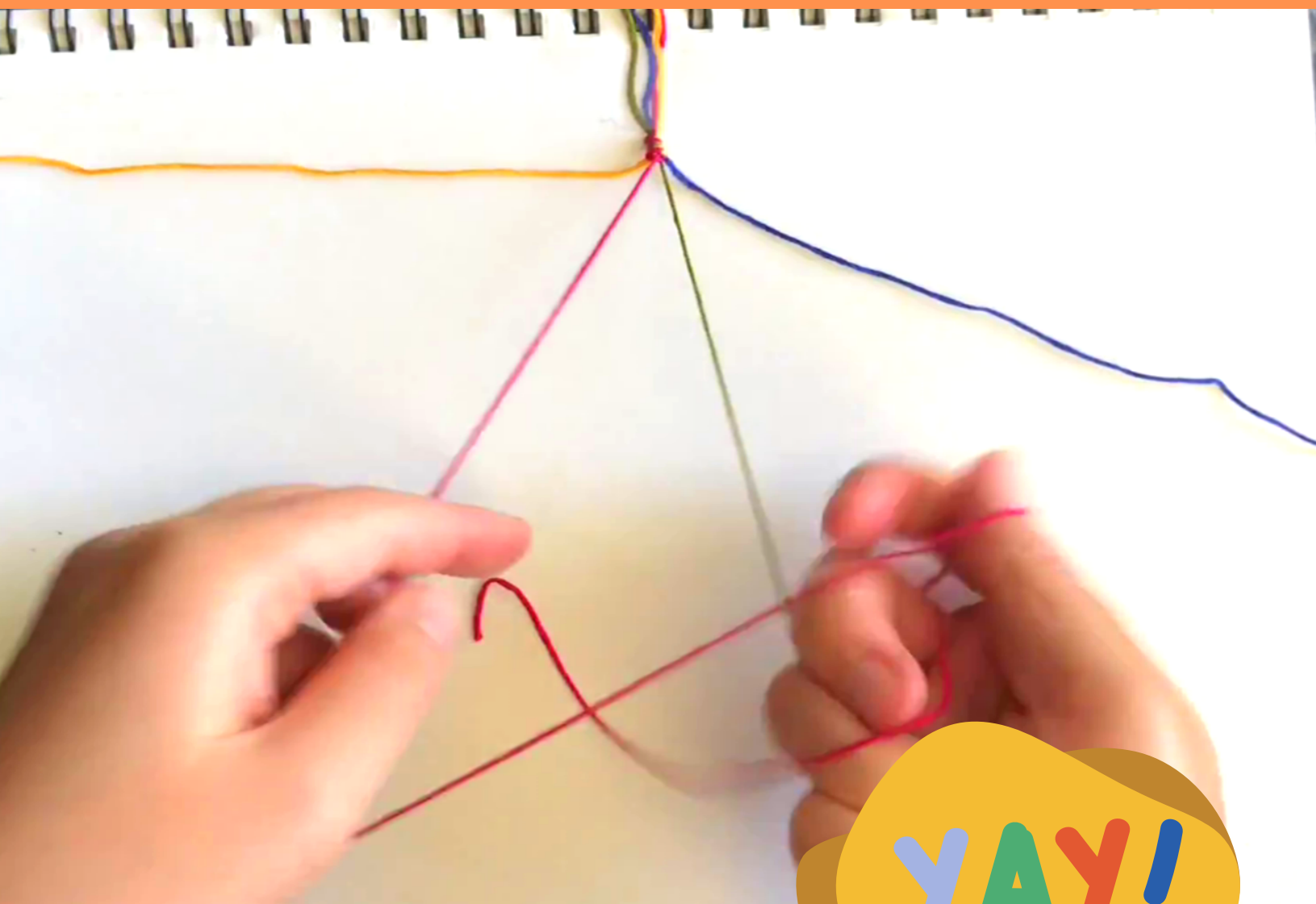
3d. While HOLDING the end of the YELLOW strand, pull the RED strand towards the top



Step 4

Move the **YELLOW** strand over to the **LEFT** of the **RED** strand.

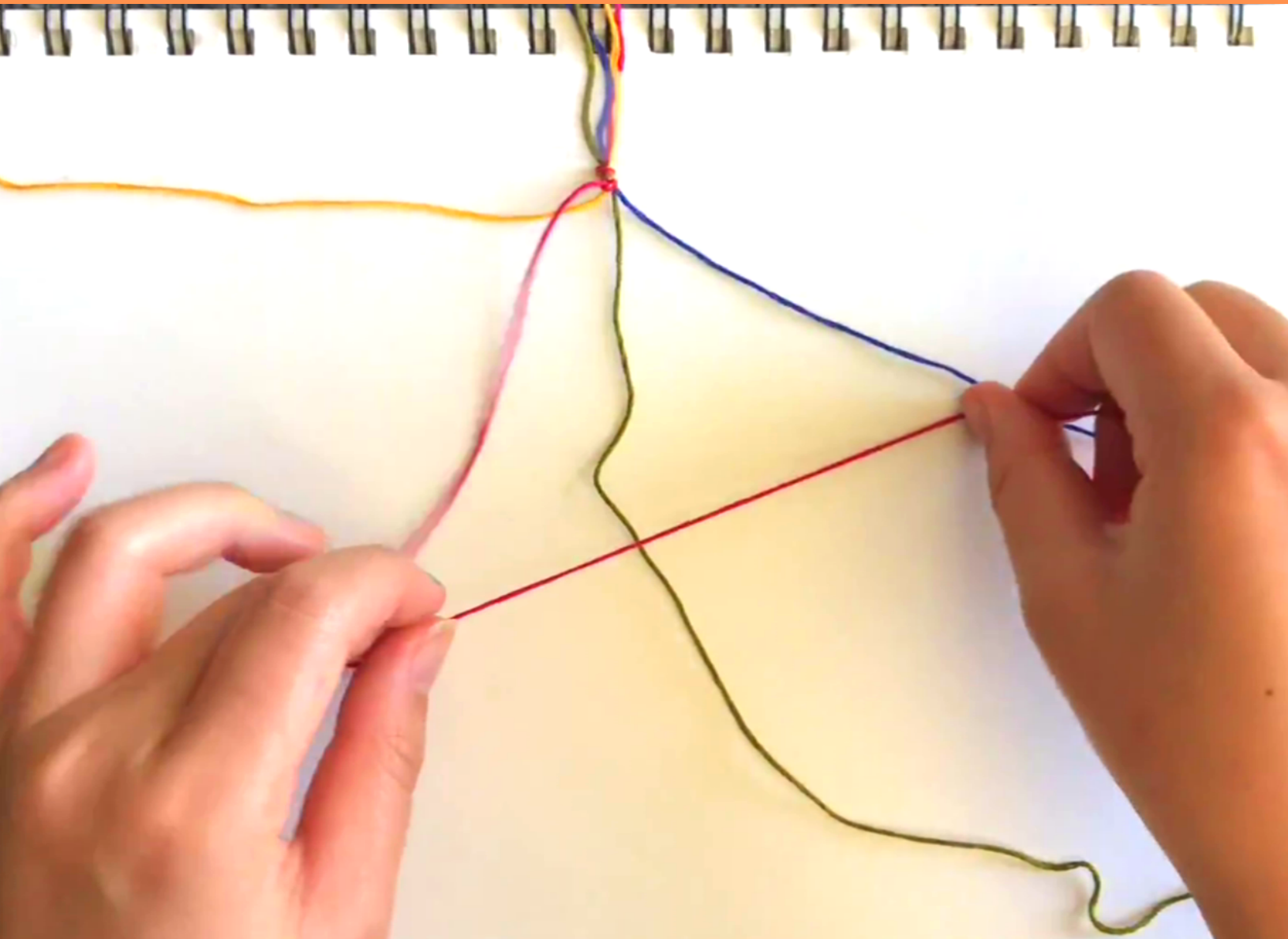
Congratulations! You have completed the first knot of your bracelet!



YAY!

Step 5

Repeat all parts of Step 3 TWICE in total, this time using the RED string on the GREEN string

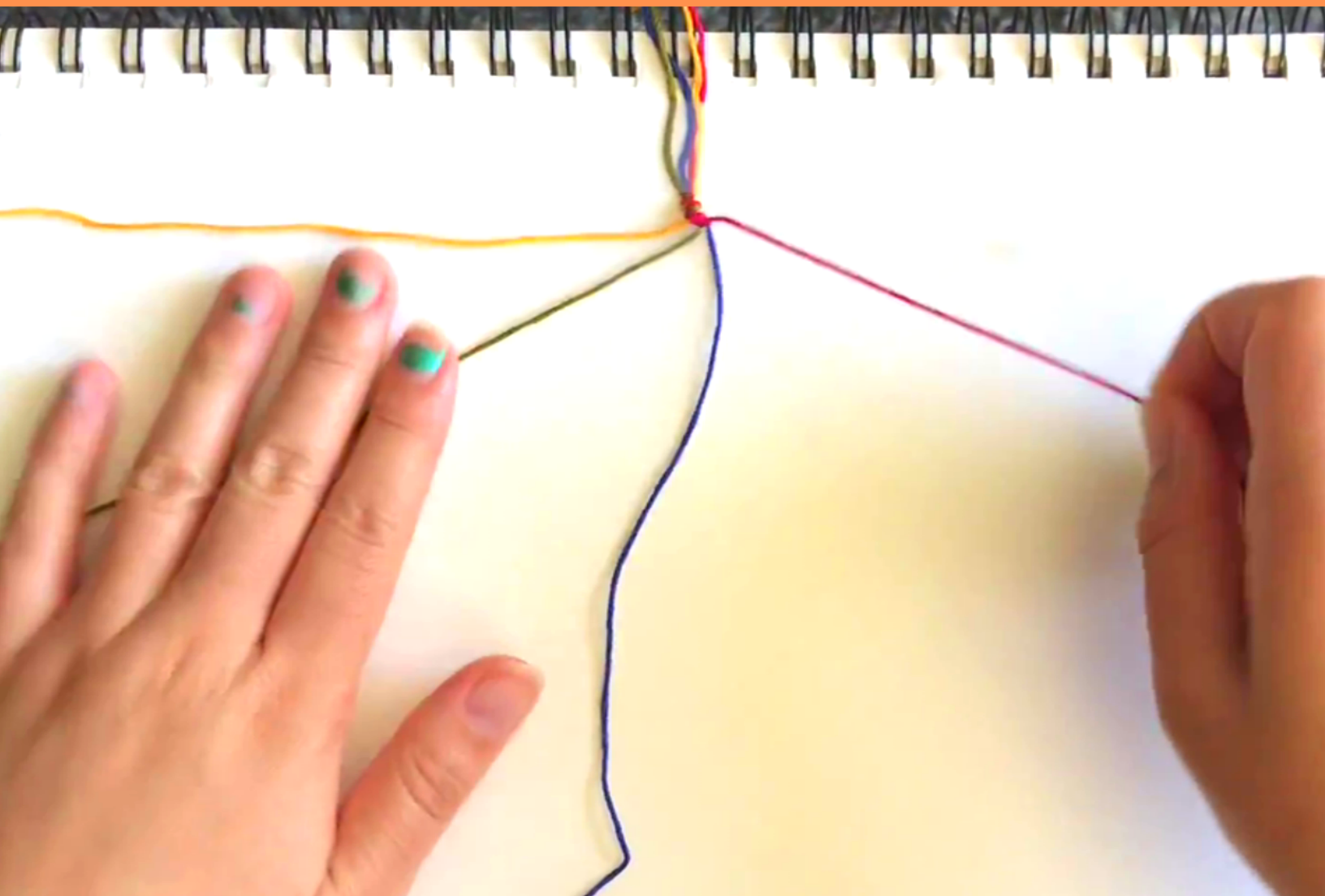


Then do the same with the BLUE string

**And that's your first row!
Now you'll see that the order
from left to right has become
YELLOW, GREEN, BLUE, RED**

Step 6

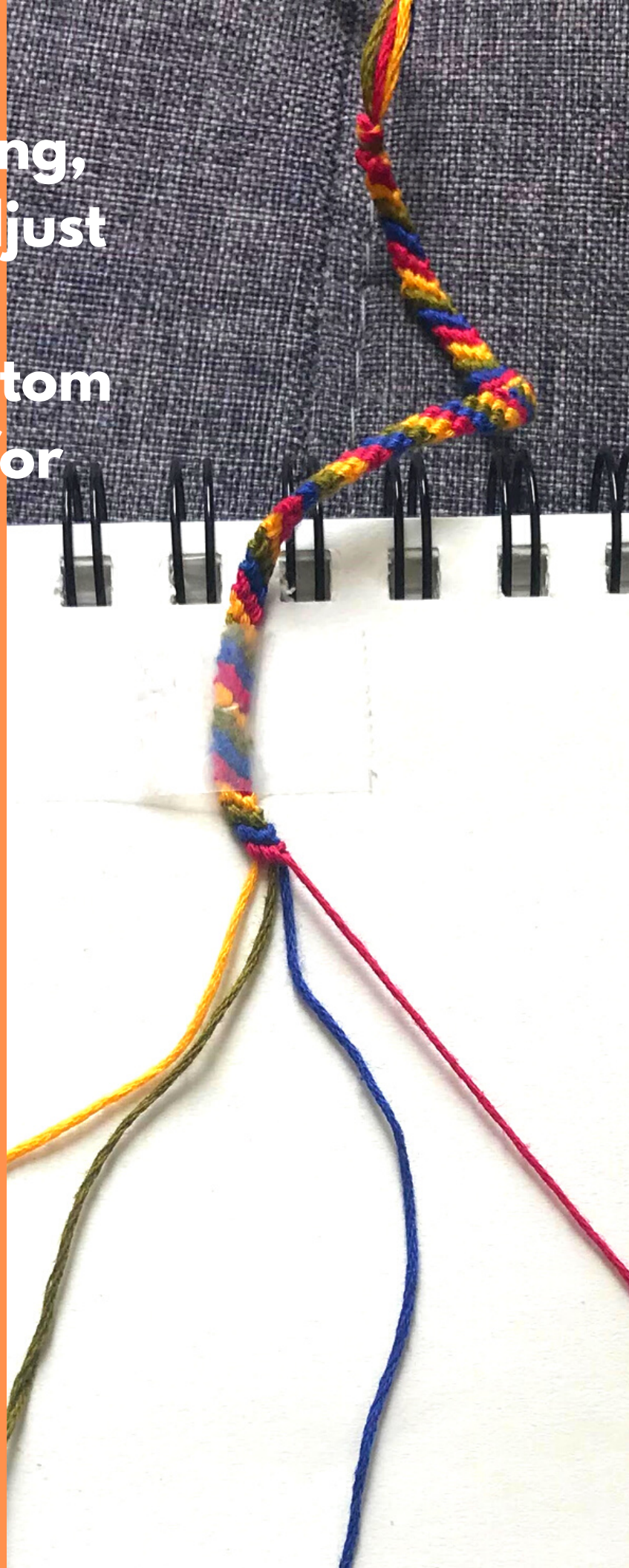
**Go back to your first string
(YELLOW) and repeat the process**

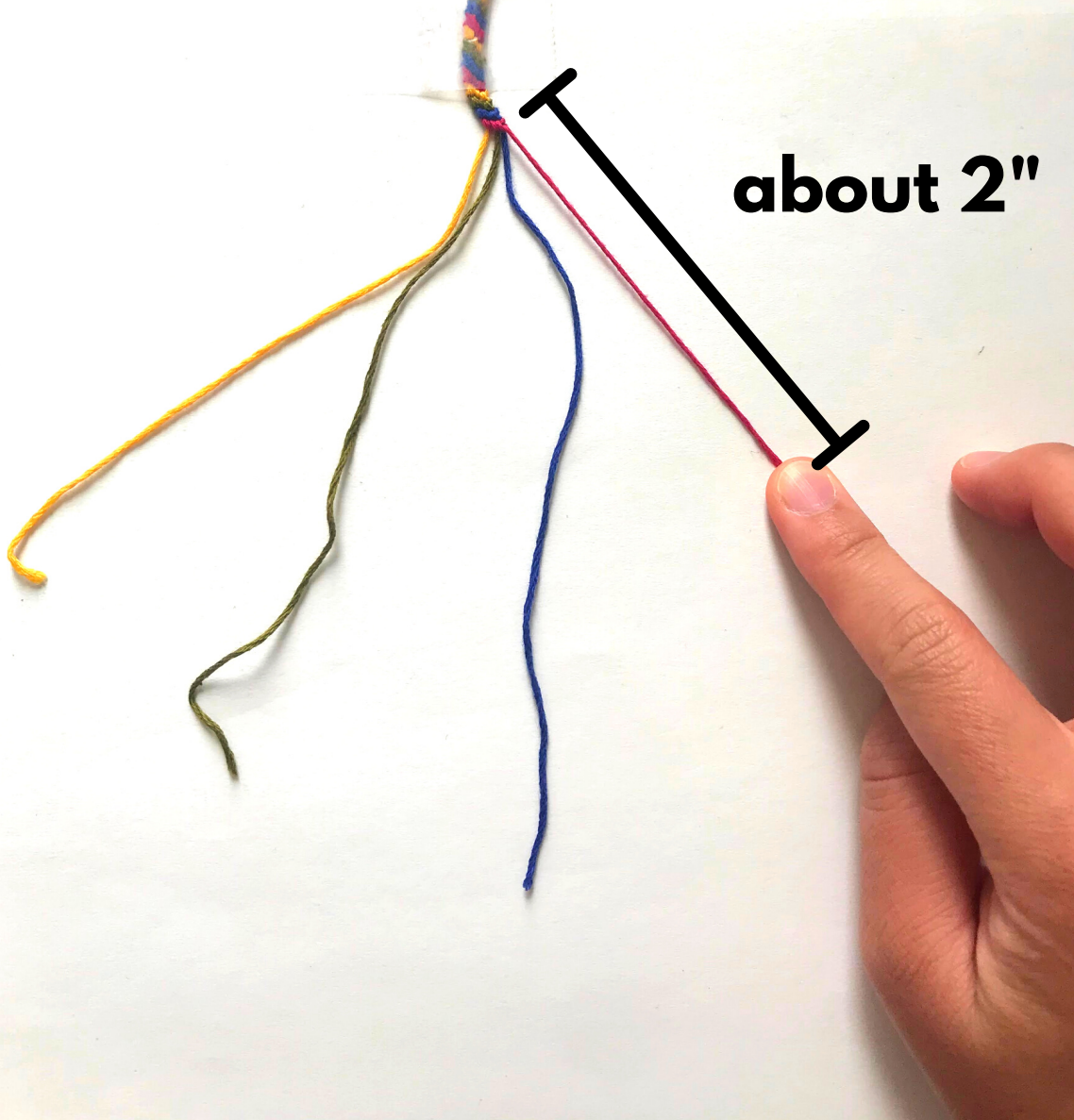




**This is what your bracelet
will look like once you've
gone through every string
once, don't worry about it
veering to the right, it'll
straighten out once you tie it!**

**As you keep going,
make sure to adjust
your tape so it's
closer to the bottom
of your project for
more leverage**





You'll know you're done when one of your strings has become very difficult to work with because it's so short!

2 inches is a good time to call it quits so that you can still tie it to the beginning of your bracelet!

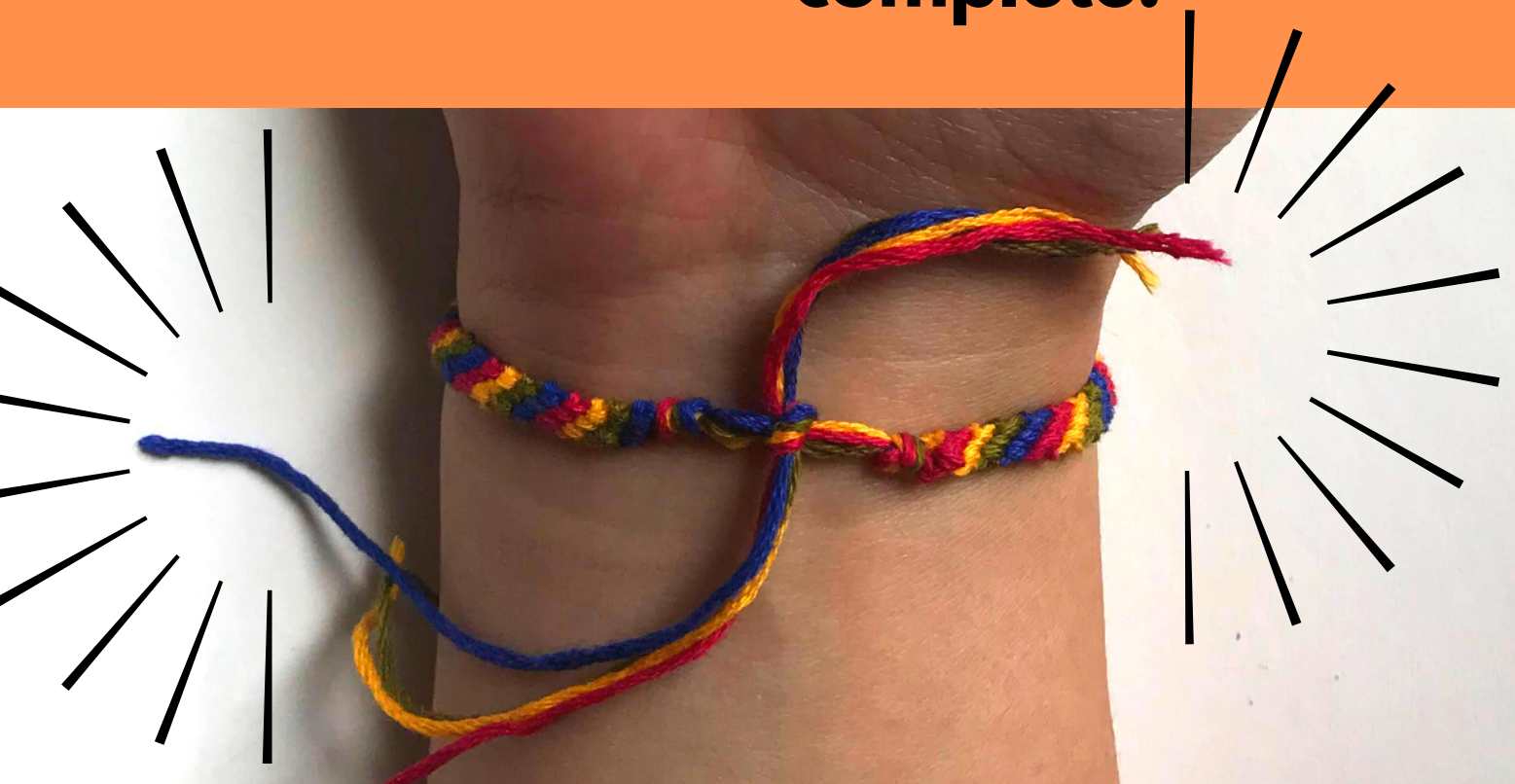


Tie a knot at the end.

Then grab the two ends of the bracelet and tie it around a friend's wrist! Or your own!

Cut any excess string as you see fit.

Voilà! Your friendship bracelet is complete!



Happy Friendship Bracelet Making!

Share these instructions with friends you'd like to give a friendship bracelet to! Bracelet exchanging is the best way to keep the practice alive!

Submit your friendship bracelet photos on social media by tagging Cameron House SF on Facebook and Instagram!



Here's what my wrist looked like in 2012!

#CHSummerSeries